

Durchgangszeitenprognose

Phillips Paul

Startnummer

371

Schwimmstrecke	Km	Durchgangszeit	Renndauer seit Start
Start Badi Mythenquai	0	06:50	00:00
Schwimmausstieg	3.8	08:10	01:20

Radstrecke	1. Runde			2. Runde		
	Km	Durchgangszeit	Renndauer seit Start	Km	Durchgangszeit	Renndauer seit Start
Zürich Landiwiese / Ausfahrt Wechselzone	0	08:15	01:25	90	11:15	04:25
Zürich / Water Station (nur 2. Runde)	4	08:22	01:32	94	11:22	04:32
Zollikon (Seestrasse Richtung Rapperswil)	5	08:24	01:34	95	11:24	04:34
Küsnacht (Seestrasse Richtung Rapperswil)	7	08:27	01:37	97	11:27	04:37
Erlenbach (Seestrasse)	10	08:33	01:43	100	11:33	04:43
Herrliberg (Seestrasse)	12.5	08:37	01:47	102.5	11:37	04:47
Meilen (Seestrasse)	16	08:43	01:53	106	11:43	04:53
Uetikon am See (Seestrasse)	18.5	08:48	01:58	108.5	11:48	04:58
Männedorf (Seestrasse)	19.5	08:50	02:00	109.5	11:50	05:00
Stäfa (Seestrasse)	23	08:56	02:06	113	11:56	05:06
Feldbach / Natascha Badmann Station	29	09:07	02:17	119	12:07	05:17
Wolfhausen	32	09:13	02:23	122	12:13	05:23
Bubikon	34	09:18	02:28	124	12:18	05:28
Herschmettlen	37	09:24	02:34	127	12:24	05:34
Grünigen / Water Station	42	09:33	02:43	132	12:33	05:43
Hombrechtikon (Dorfzentrum)	44	09:37	02:47	134	12:37	05:47
Stäfa (Aberenstrasse)	46	09:41	02:51	136	12:41	05:51
Männedorf (Allenbergstrasse)	49	09:47	02:57	139	12:47	05:57
Uetikon am See (Bergstrasse)	52	09:53	03:03	142	12:53	06:03
Oetwil am See (Meilenerstrasse)	55	10:06	03:16	145	13:06	06:16
Egg	58	10:11	03:21	148	13:11	06:21
Forch / Relax Station	62	10:22	03:32	152	13:22	06:32
Limberg	65.5	10:28	03:38	155.5	13:28	06:38
Küsnacht (Seestrasse Richtung Zürich)	70	10:35	03:45	160	13:35	06:45
Zollikon (Seestrasse Richtung Zürich)	72	10:39	03:49	162	13:39	06:49
Passage Landiwiese (Richtung Kilchberg)	79	10:53	04:03	169	13:53	07:03
Kilchberg / Heartbreak Hill	84	11:06	04:16	174	14:06	07:16
Zürich Landiwiese zu 2. Runde / Einfahrt Wechselzone	90	11:15	04:25	180	14:15	07:25

Laufstrecke 1. Runde	Km	Durchgangszeit	Renndauer seit Start
Beginn Laufstrecke	0	14:19	07:29
Power Station	0.64	14:22	07:32
Martin Koller Station	1.93	14:30	07:40
Hot Station	3.5	14:39	07:49
Ecke Rennweg / Oetenbachgasse	5.5	14:51	08:01
Down Town Station (Münsterhof)	6.15	14:55	08:05
Wendepunkt Utoquai	7.2	15:01	08:11
Crazy Station	8.2	15:07	08:17
Hot Water Station	9.36	15:14	08:24
2. Runde			
Landiwiese (Start 2. Runde)	10.55	15:21	08:31
Power Station	11.19	15:25	08:35
Martin Koller Station	12.48	15:32	08:42
Hot Station	14.05	15:42	08:52
Ecke Rennweg / Oetenbachgasse	16.05	15:54	09:04
Down Town Station (Münsterhof)	16.7	15:57	09:07
Wendepunkt Utoquai	17.75	16:04	09:14
Crazy Station	18.75	16:10	09:20
Hot Water Station	19.91	16:16	09:26
3. Runde			
Landiwiese (Start 3. Runde)	21.1	16:24	09:34
Power Station	21.74	16:27	09:37
Martin Koller Station	23.03	16:35	09:45
Hot Station	24.6	16:44	09:54
Ecke Rennweg / Oetenbachgasse	26.6	16:56	10:06
Down Town Station (Münsterhof)	27.25	17:00	10:10
Wendepunkt Utoquai	28.3	17:06	10:16
Crazy Station	29.3	17:12	10:22
Hot Water Station	30.46	17:19	10:29
4. Runde			
Landiwiese (Start 4. Runde)	31.65	17:26	10:36
Power Station	32.29	17:30	10:40
Martin Koller Station	33.58	17:37	10:47
Hot Station	35.15	17:47	10:57
Ecke Rennweg / Oetenbachgasse	37.15	17:59	11:09
Down Town Station (Münsterhof)	37.8	18:02	11:12
Wendepunkt Utoquai	38.85	18:09	11:19
Crazy Station	39.85	18:15	11:25
Hot Water Station	41.01	18:21	11:31
Landiwiese, Ziel	42.2	18:29	11:39