



Durchgangszeitenprognose

Inkermann Andreas

Startnummer

1243

Schwimmstrecke	Km	Durchgangszeit	Renndauer seit Start
Start Badi Mythenquai	0	06:50	00:00
Schwimmausstieg	3.8	08:15	01:25

Radstrecke	1. Runde			2. Runde		
	Km	Durchgangszeit	Renndauer seit Start	Km	Durchgangszeit	Renndauer seit Start
Zürich Landiwiese / Ausfahrt Wechselzone	0	08:20	01:30	90	11:20	04:30
Zürich / Water Station (nur 2. Runde)	4	08:27	01:37	94	11:27	04:37
Zollikon (Seestrasse Richtung Rapperswil)	5	08:29	01:39	95	11:29	04:39
Küsnacht (Seestrasse Richtung Rapperswil)	7	08:32	01:42	97	11:32	04:42
Erlenbach (Seestrasse)	10	08:38	01:48	100	11:38	04:48
Herrliberg (Seestrasse)	12.5	08:42	01:52	102.5	11:42	04:52
Meilen (Seestrasse)	16	08:48	01:58	106	11:48	04:58
Uetikon am See (Seestrasse)	18.5	08:53	02:03	108.5	11:53	05:03
Männedorf (Seestrasse)	19.5	08:55	02:05	109.5	11:55	05:05
Stäfa (Seestrasse)	23	09:01	02:11	113	12:01	05:11
Feldbach / Natascha Badmann Station	29	09:12	02:22	119	12:12	05:22
Wolfhausen	32	09:18	02:28	122	12:18	05:28
Bubikon	34	09:23	02:33	124	12:23	05:33
Herschmettlen	37	09:29	02:39	127	12:29	05:39
Grünigen / Water Station	42	09:38	02:48	132	12:38	05:48
Hombrechtikon (Dorfzentrum)	44	09:42	02:52	134	12:42	05:52
Stäfa (Aberenstrasse)	46	09:46	02:56	136	12:46	05:56
Männedorf (Allenbergstrasse)	49	09:52	03:02	139	12:52	06:02
Uetikon am See (Bergstrasse)	52	09:58	03:08	142	12:58	06:08
Oetwil am See (Meilenerstrasse)	55	10:11	03:21	145	13:11	06:21
Egg	58	10:16	03:26	148	13:16	06:26
Forch / Relax Station	62	10:27	03:37	152	13:27	06:37
Limberg	65.5	10:33	03:43	155.5	13:33	06:43
Küsnacht (Seestrasse Richtung Zürich)	70	10:40	03:50	160	13:40	06:50
Zollikon (Seestrasse Richtung Zürich)	72	10:44	03:54	162	13:44	06:54
Passage Landiwiese (Richtung Kilchberg)	79	10:58	04:08	169	13:58	07:08
Kilchberg / Heartbreak Hill	84	11:11	04:21	174	14:11	07:21
Zürich Landiwiese zu 2. Runde / Einfahrt Wechselzone	90	11:20	04:30	180	14:20	07:30

Laufstrecke 1. Runde	Km	Durchgangszeit	Renndauer seit Start
Beginn Laufstrecke	0	14:24	07:34
Power Station	0.64	14:27	07:37
Martin Koller Station	1.93	14:35	07:45
Hot Station	3.5	14:44	07:54
Ecke Rennweg / Oetenbachgasse	5.5	14:56	08:06
Down Town Station (Münsterhof)	6.15	15:00	08:10
Wendepunkt Utoquai	7.2	15:06	08:16
Crazy Station	8.2	15:12	08:22
Hot Water Station	9.36	15:19	08:29
2. Runde			
Landiwiese (Start 2. Runde)	10.55	15:26	08:36
Power Station	11.19	15:30	08:40
Martin Koller Station	12.48	15:37	08:47
Hot Station	14.05	15:47	08:57
Ecke Rennweg / Oetenbachgasse	16.05	15:59	09:09
Down Town Station (Münsterhof)	16.7	16:02	09:12
Wendepunkt Utoquai	17.75	16:09	09:19
Crazy Station	18.75	16:15	09:25
Hot Water Station	19.91	16:21	09:31
3. Runde			
Landiwiese (Start 3. Runde)	21.1	16:29	09:39
Power Station	21.74	16:32	09:42
Martin Koller Station	23.03	16:40	09:50
Hot Station	24.6	16:49	09:59
Ecke Rennweg / Oetenbachgasse	26.6	17:01	10:11
Down Town Station (Münsterhof)	27.25	17:05	10:15
Wendepunkt Utoquai	28.3	17:11	10:21
Crazy Station	29.3	17:17	10:27
Hot Water Station	30.46	17:24	10:34
4. Runde			
Landiwiese (Start 4. Runde)	31.65	17:31	10:41
Power Station	32.29	17:35	10:45
Martin Koller Station	33.58	17:42	10:52
Hot Station	35.15	17:52	11:02
Ecke Rennweg / Oetenbachgasse	37.15	18:04	11:14
Down Town Station (Münsterhof)	37.8	18:07	11:17
Wendepunkt Utoquai	38.85	18:14	11:24
Crazy Station	39.85	18:20	11:30
Hot Water Station	41.01	18:26	11:36
Landiwiese, Ziel	42.2	18:34	11:44